

**Full Time Care
Frail Care
PlumRus West**

We offer accommodation for mom, dad or a family member who is frail and needs 24 hour assistance with basic care.

Our rooms are equipped with built-in cupboards and a hand basin; bathrooms are shared between residents and several of lounges.

The services we provide include the following:

- **Person Centre Care 24/7** – Clean rooms, linen, clothes, hair, teeth, ears and a balance diet of 3 meals a day.
- Carer Ratio Dayshift : 1 carer for 6 residents
Night shift: 1 carer for 13 residents
- Ongoing resident Care and Patrols 24/7
- Wireless Nurse Call and Emergency Button
- 24/7 Sister in Charge on duty
- Security 24/7 and hourly patrols outside the building
- Comprehensive Stimulation
 - Library
 - Protea Coffee Shop 07:00 to 16:00 everyday
 - Gym Trim
 - Food Market once a month
 - Special Tea's once every three months
 - All day TV, Music and DVD's in Lounges
 - Croquet, Pool Table, Table Tennis and Darts
 - Social Evening: Protea Coffee Shop on Fridays
- 10:30 Daily Stimulation in all Lounges.
- Spiritual Program
 - Bible Studies
 - Prayer Meetings
 - Sunday Services
 - One Hour For Jesus
- Transport at your own cost from R 25.00 per trip
 - Shopping Trips
 - Doctor Visits
 - Outings
 - Adhoc transport
- PlumRus DSTV Bouquet for R 455.00 per month
- Communication System Fixed line
 - Telephone installed, out base calls at your cost
 - Fibre fixed Internet 20meg for R 320.00 per month
- Medication Administration
- Nappy Administration
- Home Base Care-One on One Carer at your own cost

TYPE OF Accommodation	Maximum rent Per Month	Once off Maintenance fee
Shared Room	R 8 605	R 7 500
Single Room	R 11 925	R 9 500
Spacious Room	R 15 645 /R 18 925	R 11 000
Penthouse Room	R 15 645/ R 20 025	R 15 000

**Luxury Accommodation with Health Care
Assisted Living
PlumRus Rental Flats East**

We offer suitable accommodation for mom, dad or family member who needs assistance with basic care on an hourly basis.

Our Luxury Health Care accommodation is the right place to be; here Residents will have the privacy of their own Bathroom and Kitchenette with registered carers for when they are in need of assistance

The services we provide include the following:

- **Hourly Care**– Clean rooms, linen, clothes, hair, teeth, ears and a balance diet of 3 meals a day.
- Carer Ratio Dayshift: 1 Carer for 10 Residents
Nightshift: 1 Carer for 20 Residents
- Patrols every hour
- 24/7 Sister in Charge available when necessary
- Wireless Nurse Call and Emergency Button
- Security 24/7 and hourly patrols outside the building
- Comprehensive Stimulation
 - Library
 - Protea Coffee Shop 07:00 to 16:00 everyday
 - Gym Trim
 - Food Market once a month
 - Special Tea's once every three months
 - All day TV, Music and DVD's in Lounges
 - Croquet, Pool Table, Table Tennis and Darts
 - Social Evening: Protea Coffee Shop on Fridays
- Parking Bay – if needed and available
- Spiritual Program
 - Bible Studies
 - Prayer Meetings
 - Sunday Services
 - One Hour For Jesus
- Transport at your own cost from R25.00 per trip
 - Shopping Trips
 - Doctor Visits
 - Outings
 - Adhoc transport
- PlumRus DSTV Bouquet for R 455.00 per month
- Communication System Fixed line
 - Telephone installed, out base calls at your cost
 - Fibre fixed Internet 20meg for R 320.00 per month
- Medication Administration - If Needed
- Nappy Administration - If Needed
- Home Base Care-One on One Carer at your own cost

TYPE OF Accommodation	Maximum rent	Once off Maintenance fee
Bachelor Flat (LIMITED, long waiting List)	R 15 645	R 11 000

**Independent Living Agreement Flats
Loan Agreement Flats
PlumRus North, Mountain View & East**

We offer suitable accommodation for the independent spirit, who is still doing their own things in their own time but needs to be in a safe, happy, homely environment with abundant friends and basic care when or if needed.

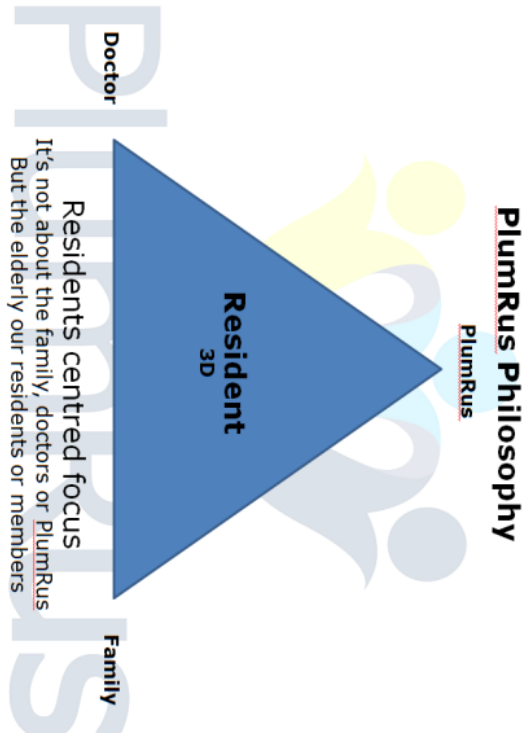
The services we provide include the following:

- **Basic Care 3 times a day** – Clean rooms, linen, clothes, hair, teeth, ears and 1 main meal a day "Lunch"
- Patrols 3 times a day
- 24/7 Sister in Charge available
- Wireless Nurse Call and Emergency Button
- Security 24/7 and hourly patrols outside the building
- Comprehensive Stimulation
 - Library
 - Protea Coffee Shop 07:00 to 16:00 everyday
 - Gym Trim
 - Food Market once a month
 - Special Tea's once every three months
 - All day TV, Music and DVD's in Lounges
 - Croquet, Pool Table, Table Tennis and Darts
 - Social Evening: Protea Coffee Shop on Fridays.
- Parking Bay – if needed and available
- Spiritual Program
 - Bible Studies
 - Prayer Meetings
 - Sunday Services
 - One Hour For Jesus
- Transport at your own cost from R25.00 per trip
 - Shopping Trips
 - Doctor Visits
 - Outings
 - Adhoc transport
- PlumRus DSTV Bouquet for R 455.00 per month
- Communication System Fixed line
 - Telephone installed, out base calls at your cost
 - Fibre fixed Internet 20meg for R 320.00 per month
- Blister Pack of Medication for R125.00 per month
- Medication Administration for R 890.00 per month
- Home Base Care-One on One Carer at your own cost

TYPE OF Accommodation	Maximum rent 1 Person/2 People	Once off Maintenance fee
Bachelor flat	R 6 325	R 10 000
One bedroom	R 6 910 / R 11 140	R 19 000
two/three bedrooms	R 8 450/ R 12 320	R 25 000



To create a safe, happy, homely atmosphere and environment, with abundant friends in which residents and staff can participate in the decision making, upkeep and management of the Home and to utilize the infrastructure and facilities of PlumRus as the hub for services in older persons in our community.



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